About the role

Wellbeing Teams do whatever it takes to support people to live well at home and be part of their community.

We challenge the loneliness, boredom and helplessness that many older people experience, and support people to feel connected, to contribute, be active and have purpose, their own way. Wellbeing Workers use their head, heart and hands to support people and bring our values to life.

Our values are: **Compassion, Responsibility, Collaboration, Curiosity, Creativity** and **Flourishing**.

If you have never done care work before – we will provide you with all of the training and support you need. If you have not done care work before, you might want to look at this online test to check whether it is for you: [http://www.aquestionofcare.org.uk/whats-involved](http://www.aquestionofcare.org.uk/whats-involved)

If you have done care work before – we will provide you with all the training and support you need to work differently, as the Wellbeing Workers role is not the same as traditional care. If you have done care before you might want to look at this table that summarises the difference between traditional home care and Wellbeing Teams: [https://docs.google.com/document/d/1j6D_4UdDBeVGmMntw4Q0lzCPHxf43vyxFinOfoKRL4sI/edit?usp=sharing](https://docs.google.com/document/d/1j6D_4UdDBeVGmMntw4Q0lzCPHxf43vyxFinOfoKRL4sI/edit?usp=sharing)

What we ask of you

1. **Develop great relationships** with people using our services and colleagues, treating everyone with respect, kindness and generosity.

2. **Provide practical support** to help people live well at home, in the way that the person wants. This will include help with personal care (for example getting in and out of bed, washing, bathing, dressing), providing meals, support with taking medication, looking after the home, and getting out and about. Whatever the person needs, when they need it, in the way they want it.

3. **Be part of a self-organised team.** This means working together, taking different roles, and creatively solving problems together. You will provide support and cover for each other, give each other feedback and celebrate successes as well. You will have a Buddy, and you are supported by a Team Coach too.
4. **Manage your time well**, and use it in the best way to support people to achieve their outcomes. You have the autonomy and authority to organise your time to do this with your team, the team sets their own rota, and the Team Coach will provide any support that you need.

5. **Bring your whole self to work** – your talents, interests, and passions. We will support you to pay attention to your wellbeing, as well as the wellbeing of your team and the people you support.

6. **Collaborate** with the person’s family, friends, and Community Circles, as well as any colleagues from health and social care, to make sure that our work is coordinated and effective.

7. **Keep all information up to date** – the people you support, and your teams.

8. **Provide safe, person-centred, compassionate care** and work within the team agreements and how Wellbeing Teams work, these are all described in your handbook.

9. **Be respectful** of people’s homes and possessions, and any equipment.

10. **Keep learning and developing** individually and as a team so we can keep improving how we work and flourish together.

### What we offer

**Pay:** Starting rate of £11 per hour.

**Workplace:** Working within the local community in Abingdon.

**Hours of work:** This role can be part-time or full-time, and the hours will be negotiated with the successful candidates.

Find out more at [www.wellbeingteams.org](http://www.wellbeingteams.org) or on Twitter @wellbeingteams