

A week in the life of a Community Circles Connector



Monday

Morning: Catch up with colleagues on Slack. Manage emails and make a plan for the week. Check in with Twitter, LinkedIn and Facebook; identify any interesting articles and learning to share both via social media and with the rest of the Wellbeing Team. Post a Monday Motivator picture on the Community Circles Facebook page.

Meet a new person who we will be supporting with the Link Wellbeing Worker. Learn about what matters to the person, and co-design their service together.

Afternoon: Attend a local volunteering event at the local library. Host a stand, with all your leaflets and volunteer information packs available.

Tuesday

Afternoon: Social media and emails. Update one-page profile. Go to meet with someone who we are supporting to learn what is working and not working for them (our three-month review). Pass her compliments on to the relevant team members on Slack.

Talk to a family by phone and explain how Wellbeing Teams and Community Circles work. Phone call with a potential Community Circles facilitator. Send her the link to e-learning.

Evening: Go for a second meeting with someone else who would like support. This meeting takes place at 7pm, as this is when the daughter of the woman who wants support is available to be there too. In this meeting we are setting up the Community Circle.

Wednesday

Morning: Catch up with social media and emails. Schedule some tweets for the rest of the week, as you know you will not have much time in front of your laptop in the next couple of days. Support a discussion on Slack between facilitators.

Afternoon: Attend the Wellbeing Team meeting. After the meeting, meet with the two people who have the 'Storyteller' roles in the team, and support them to plan their tweets and write a story together about someone we are supporting.

Thursday

Morning: Meeting with a local business who might be interested in starting a corporate volunteering scheme. You are hoping that the employees would like to become Circle facilitators.

Afternoon: Write up a story to share. Arrange to meet someone who wants to be supported by the team. Take two calls from families. Match a new facilitator to someone who would like a Circle and arrange to meet with them together next week.

Friday

Morning: Catch up on social media and emails. Attend the Wellbeing Support Team meeting with the Practice Coach and the Team Coach.

Afternoon: Facilitate a person-centred review for a Circle.