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| **Name** | Pam |

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|  | **What's working** | **What's not working** |
| **My perspective** | Seeing daughters and speaking on the phone  Communion at home every Monday  Baths!  My carers  Going to the centre on Thursday | Not being able to get to church – (the 8am service on a Sunday)  Not getting out as much as I’d like  Miss seeing people |
| **My Family’s perspective** | Mum likes her carers  She enjoys it when she goes out  She is able to live at home | She doesn’t always know which carer is coming and she likes to know  We can’t get to see her as often as we’d like  She misses her friends, she used to pop in and have a cuppa with her neighbour Rose most days, now they both struggle to get out so can only speak on the phone |

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| **My outcomes** | |
| **Commissioned outcomes (why I need support):** | |
| * To improve quality of life through social interaction * Support with morning routine to enable to attend day centre on Thursday * Assistance with meal preparation – breakfast and tea * Assistance with night time routine and going to bed | |
| **Hours allocated each week:** | 11.5 |

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| **Priority:** |
| I miss seeing people |
| **The positive change:** |
| I see other people |
| **Now make it specific:** |
| I see a friend for a cup of tea |
| **Is it measureable?** |
| I get to see a friend every week for a cup of tea |