

Could this be you?

Wellbeing Team Assistant



What people like about you

Warm, friendly, reliable, full of energy, a great listener, flexible, a good problem-solver, helpful, honest, trustworthy, someone with a 'can-do' attitude, confident, self-motivated, caring, generous and kind.

What matters to you

- **People:** you are a people person, you love getting to know other people, spending time with people and working as part of a team. You would describe your family, friends and neighbours as very important in your life.
- **Your community:** you enjoy knowing your local neighbourhood, and being connected to what is happening locally – whether that is as a member of local groups, or just being in touch with your neighbours.
- **Making a difference:** you love to know that you are making a difference in people's lives, and making a positive difference in the world, however small this may be.
- **Trying new things and being up for a challenge:** you love having a go, trying something new, are up for learning new technology, and having variety in your life and work.
- **Being busy:** you are not one for standing still or being bored. You love being on the go. You have lots of interests and hobbies (when you have the time!).
- **Being flexible and using your initiative:** you would hate to do exactly the same job in the same way every day and love variety and you are a bit of a risk taker.

How we will support you

- **We provide you with the right training and support** that you need to do this – brilliantly! This includes e-learning and on the job coaching.
- **You will have a handbook** called 'How we Work' with all the guidance you need.
- **You will be supported by the Wellbeing Leader**, who will contact you to find out when you are available and arrange for you to help us cover shifts. She/he will be in touch with you every week to check how you are.

- **You will be invited to a catch up every 6 weeks**, in person or on line, with the other Wellbeing Team Assistants.
- **You will be in touch** with the Wellbeing Team through our App called Slack which is our main way to keep connected.
- **After 3 months, if you have done shifts most weeks, we provide you with a mobile phone and data** (subject to the number of shifts you have done/are available for).
- **If you are interested in joining us as a Wellbeing Worker**, we talk to you first when we are looking to recruit more team members.